



**10<sup>th</sup> ANNUAL**  
**BROOKFIELD LIONS -- JDRF**  
**STRIDES TO CURE DIABETES 5-MILER**  
**[Certified: USATF CT09003JHP]**

SUNDAY, JUNE 5, 2016 at 9:00 a.m.  
 CADIGAN PARK  
 CANDLEWOOD LAKE ROAD  
 BROOKFIELD, CT 06804

The Brookfield Lions Club, together with JDRF (Westchester/Fairfield/Hudson Valley Chapter), is proud to once again co-sponsor this event to promote diabetes awareness and research. Bring the whole family to participate in this flat, fast and scenic 5 mile run, and generously support this charitable fundraising event.

**CONTACT INFORMATION:** (203) 775-6190; [lyonpride@charter.net](mailto:lyonpride@charter.net)

**REGISTER ONLINE:** [www.active.com](http://www.active.com) (after April 1, 2016); additional race applications on: [www.greystoneracing.net](http://www.greystoneracing.net)

**REGISTRATION:** \$20.00 (postmarked before May 27, 2016); \$25.00 (after May 27, 2016 through race day). Race day check-in opens at 8:00 a.m.

**FEATURES:** Commemorative technical t-shirts for the first 100 registered runners; post-race raffle (must be present to win); lots of great food, music, and plenty of free parking.

**COURSE RECORDS:** William Sanders 25:01 (2011)  
 Sara Belles 31:23 (2009)

**RUNNER AGE BRACKETS:** 14 and under 30-39 60-69  
 15-19 40-49 70 and over  
 20-29 50-59

**RUNNER AWARDS:** \$100.00 Cash awards for 1<sup>st</sup> Place Overall (M/F)  
 \$50.00 Cash awards for 1<sup>st</sup> Place 40 and Over (M/F)  
 Age Bracket medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Place (M/F)

**SPECIAL AWARD OF \$100.00 TO OVERALL WINNER (M/F) FOR BREAKING THE COURSE RECORD!!**

**COURSE:** This 5-mile certified course starts at Cadigan Park; Turn left on Candlewood Lake Road; Turn right on Candlewood Shores Road; Turn right on N. Lakeshore Drive; Turn left on Twilight Lane; Turn right on Candlewood Shores Road; Turn left on Bayview Drive; Turn left on Kellogg Street; Turnaround at Hickory Hill Road staying on Kellogg Street; Turn right on Bayview Drive; Turn left on Candlewood Shores Road; Turn right on N. Lakeshore Drive; Turn left on Candlewood Shores Road; Turn left on Candlewood Lake Road; Turn right into Cadigan Park to Finish. Mile markers and water stations on the course.

**DIRECTIONS:** Take I-84 to Exit 7 (toward Brookfield/New Milford); Take Exit 11 (Federal Road); At traffic light at bottom of exit, turn left; Proceed straight through 2 sets of traffic lights, onto Candlewood Lake Road; Follow Candlewood Lake Road for @ 3.5 miles; Cadigan Park is on the right.

\*\*REGISTRATION FORM ON REVERSE\*\*

**REGISTRATION FORM**

**PROCEEDS FROM THIS EVENT WILL BE DONATED TO JDRF (WESTCHESTER/FAIRFIELD/HUDSON VALLEY CHAPTER) AND TO THE CONNECTICUT LIONS EYE RESEARCH FOUNDATION (501C (3) CHARITABLE ORGANIZATIONS).**

Make all checks payable to: "Brookfield Lions Charities, Inc." (\$20.00 before 05/27/16; \$25.00 after 05/27/16)

Mail fee with completed and signed entry form(s) to: Race Director, Brookfield Lions Club  
P. O. Box 660, Brookfield, CT 06804

This event is held in cooperation with the Town of Brookfield, the Brookfield Police Department, the Candlewood Shores Tax District and Greystone Electronics Corporation. If my entry is accepted, I release forever all rights for claims and damages I may incur against the Brookfield Lions Club, Inc. (and any of its members), Brookfield Lions Charities, Inc., the Town of Brookfield and any of its employees, JDRF, the Candlewood Shores Tax District, and Greystone Electronics Corporation for damages suffered by me or others traveling to and from and/or participating in the Strides to Cure Diabetes 5-Miler. Permission is granted to use my name, picture, or videotape or recording for any purpose. I am physically fit and have trained to finish this distance.

Email Address: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_

Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Telephone Number: \_\_\_\_\_ Sex: \_\_\_ M \_\_\_ F Shirt Size (S, M, L or XL): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Amount Enclosed: \_\_\_\_\_  
(Of parent or legal guardian if under 18)

(DETACH HERE)

The 10<sup>th</sup> Annual Strides to Cure Diabetes 5-Miler is the third event in the Brookfield "Four Seasons Challenge Series." The entire 2016 race calendar includes:

January 1, 2016 29<sup>th</sup> Annual New Year's Day Brookfield Lions Run for Sight 4-Miler  
(Friday) Brookfield High School, 45 Long Meadow Hill Road, Brookfield, CT  
11:00 a.m. Start  
Contact: Mark Lyon – (203) 775-6190 or lyonpride@charter.net

May 8, 2016 19<sup>th</sup> Annual Mother's Day 5-K  
(Sunday) Brookfield High School, 45 Long Meadow Hill Road, Brookfield, CT  
9:00 a.m. Start  
Contact: Brookfield Parks & Recreation – (203) 775-7310 or www.brookfieldct.gov/rec

June 5, 2016 10<sup>th</sup> Annual Brookfield Lions – JDRF Strides to Cure Diabetes 5-Miler  
(Sunday) **CERTIFIED COURSE: USATF CT09003.JHP**  
Cadigan Park, Candlewood Lake Road, Brookfield, CT  
9:00 a.m. Start  
Contact: Mark Lyon – (203) 775-6190 or lyonpride@charter.net

October 30, 2016 25<sup>th</sup> Annual Brookfield Family Chiropractic 5-K Halloween Run and 21<sup>st</sup> Annual Kid's K Fun Run  
(Sunday) **CERTIFIED COURSE: USATF CT06013.JHP**  
Brookfield Municipal Center, Pocono Road, Brookfield, CT  
10:00 a.m. Start (Kid's K Fun Run at 9:30 a.m.)  
Contact: Brookfield Parks & Recreation – (203) 775-7310 or www.brookfieldct.gov/rec

Runners who register for and complete all four races in the "Four Seasons Challenge Series" will receive a commemorative gift, to be distributed during the awards ceremony at the 2016 Halloween Run.

**SPONSORSHIP OPPORTUNITIES:** If your business would like to join the many others in the community who support this race with a donation, please contact the Race Director at (203) 775-6190. All sponsors donating monies or prizes valued at \$100 or more can have their business name/logo printed on all runners' t-shirts. Sponsor deadline: May 27, 2016.