



**14th ANNUAL
BROOKFIELD LIONS – JDRF
STRIDES TO CURE DIABETES 5-MILER**
[Certified: USATF CT09003JHP]

SUNDAY, JUNE 6, 2021 at 9:00 a.m.
CADIGAN PARK
CANDLEWOOD LAKE ROAD
BROOKFIELD, CT 06804

The Brookfield Lions Club and JDRF (Greater Connecticut and Western Massachusetts Chapter) are proud to co-sponsor this event to promote diabetes awareness and research. Bring the whole family to participate in this flat, fast and scenic 5-mile run, and generously support this charitable fundraising event.

CONTACT INFORMATION: (203) 775-6190; lyonpride@charter.net

DIGITAL TIMING/RESULTS: www.greystoneracing.net

REGISTER ONLINE: <https://runsignup.com/Race/CT/Brookfield/BrookfieldLionsJDRFStridestoCureDiabetes5Miler>

REGISTRATION: \$25.00 (postmarked before May 15, 2021); \$30.00 (after May 15, 2021 through race day). Due to current COVID19 restrictions, there will be **NO RACE DAY REGISTRATION!** Register online through RunSignUp only.

FEATURES: Commemorative technical t-shirts for the first 100 registered runners; post-race raffle (must be present to win); lots of great food, music, and plenty of free parking.

COURSE RECORDS: William Sanders 25:01 (2011)
Sara Belles 31:23 (2009)

RUNNER AGE BRACKETS:

14 and under	30-39	60-69
15-19	40-49	70 and over
20-29	50-59	

RUNNER AWARDS: \$100.00 Cash awards for 1st Place Overall (M/F)
\$50.00 Cash awards for 1st Place 40 and Over (M/F)
Age Bracket medals for 1st, 2nd and 3rd Place (M/F)

SPECIAL AWARD OF \$100.00 TO OVERALL WINNER (M/F) FOR BREAKING THE COURSE RECORD!!

COURSE: This 5-mile **certified** course starts at Cadigan Park, heading south on Candlewood Lake Road; Turn right on Candlewood Shores Road; Turn right on N. Lakeshore Drive; Turn left on Twilight Lane; Turn right on Candlewood Shores Road; Turn left on Bayview Drive; Turn left on Kellogg Street; Turnaround at Hickory Hill Road staying on Kellogg Street; Turn right on Bayview Drive; Turn left on Candlewood Shores Road; Turn right on N. Lakeshore Drive; Turn left on Candlewood Shores Road; Turn left on Candlewood Lake Road; Turn right into Cadigan Park to Finish. Mile markers and water stations on the course.

DIRECTIONS: Take I-84 to Exit 7 (toward Brookfield/New Milford); Take Exit 11 (Federal Road); At traffic light at bottom of exit, turn left; Proceed straight through 2 sets of traffic lights, onto Candlewood Lake Road; Follow Candlewood Lake Road for @ 3.5 miles; Cadigan Park is on the right.

The 14th Annual Strides to Cure Diabetes 5-Miler is the third event in the Brookfield “Four Seasons Challenge Series.” The entire 2021 race calendar includes:

- December 19, 2020 -
January 1, 2021** **VIRTUAL!!** 34th Annual Brookfield Lions Run for Sight 4-Miler
Brookfield High School, 45 Long Meadow Hill Road, Brookfield, CT
Contact: Race Director (203) 775-6190, or lionmarklyon@gmail.com
- May 9, 2021(Sunday) 23rd Annual Mother’s Day/WeCare 5-K
Brookfield High School, 45 Long Meadow Hill Road, Brookfield, CT
9:00 a.m. Start
Contact: Brookfield Parks & Recreation – (203) 775-7310, or www.brookfieldct.gov/rec
- June 6, 2021(Sunday) 14th Annual Brookfield Lions – JDRF Strides to Cure Diabetes 5-Miler
Certified Course: (USATF CT09003JHP)
Cadigan Park, Candlewood Lake Road, Brookfield, CT
9:00 a.m. Start
Contact: Race Director (203) 775-6190, or lionmarklyon@gmail.com
- October 31, 2021 (Sunday) 29th Annual Well Adjusted, LLC 5-K Halloween Run and 25th Annual Kid’s K Fun Run
Certified Course: (USATF CT06013JHP)
Brookfield Municipal Center, Pocono Road, Brookfield, CT
10:00 a.m. Start (Kid’s K Fun Run at 9:30 a.m.)
Contact: Brookfield Parks & Recreation – (203) 775-7310, or www.brookfieldct.gov/rec

Runners who register for and complete all four races in the “Four Seasons Challenge Series” will receive a commemorative gift, to be distributed during the awards ceremony at the 2021 Halloween Run.

SPONSORSHIP OPPORTUNITIES: If your business would like to join the many others in the community who support this race with a donation, please contact the Race Director at (203) 775-6190. All sponsors donating monies or prizes valued at \$100 or more can have their business name/logo printed on all runners’ t-shirts. Sponsor deadline: May 31, 2021.