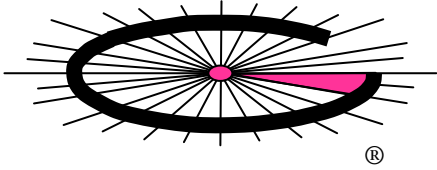


Highland Lake 10K Road Race

37th Annual



Greystone Electronics

Saturday, October 5, 2019
@ 10:00 AM

Where: The registration and Finish line are located at the State Boat Launch on Highland Lake in Winsted, CT.

Course: This is a USATF Sanctioned event with a rolling 6.21 Mile, USATF Certified course (CT89011DR).

Travel country roads with spectacular foliage around pristine Highland Lake. Two water stations, mile markers, splits, digital timing, and computer results by Greystone Electronics LLC.

Facilities: Port-O-Lets. Parking is not available at the boat launch. **For info:** contact, www.greystoneracing.net

Awards: \$100.00 for new course record (USATF Eligibility required for cash)! Top 3 Male and Top 3 Female overall and Top male and female finishers in these divisions (no duplicates, must be present to win):

| | | |
|----------------------|---------------|--------------------|
| Youth (18 and under) | Open(19-29) | Submaster(30-34) |
| Submaster(35-39) | Master(40-44) | Master(45-49) |
| Grandmaster(50-59) | Senior(60-69) | Exalted(70 and up) |

Course Records: Men = 29:58 by Simon Peter in 1997; Women = 37:52 by Kate Petricone in 1998.

Entry Fees: (non-refundable) \$10.00 by 9/28, \$15.00 after 9/28

Directions: From the junction of routes 8 and 44, follow Rte. 44 (Main St.) west through Winsted to Lake St./Rte 263. Take a left on to Lake St. and follow the signs to the State Boat Launch.

Please enter me in the 37th Annual 2019 Highland Lake 10K

Please PRINT (CLEARLY!):

Name: _____ Age(on 10/5/19) _____ Sex: M F Phone _____

Address: _____ City: _____ State: _____ Zip: _____

I acknowledge that this is a test of a person's physical limits and carries with it the potential for personal injury. I hereby assume the risk for participating in this event. I certify that I am physically fit and sufficiently trained to compete in this event. I agree not to hold responsible any person(s) involved in the organization of this event as well as the Town of Winsted, Greystone Electronics LLC, the sponsors, and the State of Connecticut, in the event of personal injury. I hereby affirm that I am 18 years old or older or I have had a legal guardian sign for my participation in this event.

Signature: _____ Date: _____ Amount enclosed: _____

(Of parent or legal guardian if under 18)

Make Checks payable To: **Greystone Electronics**

119 Harmony Hill Road
Harwinton, CT 06791

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