

Healthy bodies support healthy minds!

On September 23thth the Latimer Lane School community will celebrate a new school year by with the fourth annual "Run Back to School 5k and Fun Run". The Latimer Lane PTO will host this community-wide event to inspire children and adults to energize their bodies and their minds for the new school year.

The Fun Run will start with a huge group warm up that feels more like a fun dance, followed by a mad dash through sparkling confetti, over a huge stretch of bubble wrap, and then a silly string attack, bubbles or foam and down through the balloon arch.

Participants ready for more will enjoy a 5K run starting at the school, through neighborhoods, looping on the beautiful greenway and back to the school. First place winners by grade, gender and age division up to 70 will win a Little City Pizza certificate.

The fun doesn't stop there! Your registration comes with one raffle ticket for fun things like gourmet cupcakes, pizza, sports and other gift certificates. Increase your chances and buy more tickets - one for 5\$ or 5 for 20\$. Tickets can be purchased ahead of time with paper registration. Tickets also for sale on the day of race. **NEW THIS YEARS: Chair massages for runners!!!!**

Pre-register by 9/15/18 to guarantee a race shirt and one free raffle ticket. Register on **itsyourrace.com** search "run back". Email <u>latimerrace@gmail.org</u> with questions.

Website https://latimerrace.wixsite.com/runbacktoschool

Fun Run: 10\$ (15 \$ late)***5K: 20\$ (25\$ late)***Family 5k: 80\$ (85\$ late)

(For online family discount, team captain pays for the group and each member is individually entered under that team name)

This event is open to the public. All proceeds generated will benefit the Latimer Lane School.