



3rd Annual Thrill In The Hills Duathlon



Run 2.5m Bike 12m Run 2.5m

Sunday, May 7th at 8:00 am

Start & Finish Litchfield High School
14 Plumb Hill Rd, Litchfield, CT 06759

Pre- Registration:

- Individual Youth (17 & under) – \$40
- Youth Relay Team – \$65
- Individual (18+) – \$50
- Relay Team (18+) – \$75

Race Day Registration:

- Individual Youth (17 & under) – \$55
- Youth Relay Team – \$80
- Individual (18+) – \$65
- Relay Team (18+) – \$90

AWARDS: Overall Male/Female, 10yr age groups Male/Female

Proceeds to benefit : Litchfield Community Greenway

CHECK IN: 6:30am - 7:45am

FOR MORE INFO CALL: (860) 567-7569 OR EMAIL sym624@comcast.net

To register online go to: <http://www.active.com/litchfield-ct/running/distance-running-races/thrill-in-the-hills-duathlon-2017>

REGISTRATION FORM: Checks to be made out and mailed to:

Town of Litchfield/Park & Rec P.O. Box 12, Bantam, CT 06750

DIVISION _____ AGE _____ SEX _____

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

E-Mail: _____

T-SHIRTS AVAILABLE FOR THE FIRST 100 REGISTRANTS

PLEASE CIRCLE SIZE: SMALL MEDIUM LARGE X-LARGE

Being of full age and in consideration of my participation in the event, I do hereby release and forever discharge the Town of Litchfield and any volunteers associated with this event from all claims arising out of any and all personal injuries, damages, expenses and any loss or damage whatsoever resulting or which may result from my participation in the Thrill in the Hills Duathlon. I also certify that I am physically fit and sufficiently trained to compete in this event. I, for myself and for my heirs, assigns, successors, executors, administrators and legal representatives, HEREBY RELEASE, AND AGREE THAT I WILL NOT SUE the Town of Litchfield and Litchfield Parks and Recreation AND THEIR AGENTS, OFFICERS, OFFICIALS, SERVANTS OR EMPLOYEES for money damages for personal injury sustained by me while using the facilities the Town of Litchfield and Litchfield Parks and Recreation EVEN IF DUE TO THE NEGLIGENCE OF the Town of Litchfield and Litchfield Parks and Recreation AND THEIR AGENTS, OFFICERS, OFFICIALS, SERVANTS OR EMPLOYEES.

Signature or Legal Guardian Signature _____