

22nd Annual Deep River 5K Run/Walk & 1 Mile Fun Run
Deep River Parks and Recreation
174 Main Street
Deep River, CT 06417



Deep River Parks and Recreation
Presents the
22ND ANNUAL



**5K Run/Walk
And**

****Rain or Shine****

**Saturday
September 17, 2016**

*Chip timed by Greystone Electronics,
featuring BibTag technology*

USATF Certified Race!

5 K Run/Walk Age Divisions

< 14
14—18
19—29
30—39
40—49
50—59
60—69
70—79
80 +

Become a Sponsor

Local businesses, you may sponsor the Deep River 5K in the following ways:

- Put your name or logo on the Race t-shirt.
- Provide goods/services for our raffle.
- Donate snacks and/or water.
- Sponsor a team of runners or walkers to represent your business on race day.
- Volunteer to help on race day.

Call Deep River Parks and Recreation
@ 860-526-6036 or
email parkandrec@deeriverct.us
for more information

www.deeriverct.us

Free Race T-Shirts to 1st 100 paid 5K entrants

For Fun Run- All kids <14 receive a Finisher's Medal

USATF Certified Race!

Trophies awarded to top three finishers both male and female in all age divisions. Also trophy given to best overall time both male and female.

Registration on line @: <https://raceroster.com/events/2016/9619/22nd-annual-deep-river-5k>

Before September 7, 2016

Registration fee: \$20.00
Group Registration: \$15.00 (6 or more)

After September 7, 2016

Registration fee: \$25.00
Group Registration fee: \$20.00 (6 or more)

1 Mile Fun Run Fee: \$5.00

Race Day Registration:

7:00-8:00 am at Devitt Field

| START TIME | |
|----------------|-------------|
| 1 Mile Fun Run | 5K Run/Walk |
| 8:15 am | 9:00 am |

For more information call or email the Parks and Recreation office @ 860-526-6036 or parkandrec@deepriverct.us

Directions to Devitt Field

From Hartford

91 S to Rte. 9S. Exit 4. Left onto Rte. 154N. Devitt Field is 1 mile on the right.

From New Haven

95 N to exit 69, Rte. 9N. Exit 4. Left onto Rte.154 N. Devitt Field is 1 mile on the right.

From Rhode Island

95 S to exit 69, Rte. 9N. Exit 4. Left onto Rte.154 N. Devitt Field is 1 mile on the right.

Race Route:

Begin at Devitt Field at Southworth and Belmont, take right onto Main Street, right onto Kirtland St. (@Ivory Restaurant). Proceed on Kirtland towards the river, road turns into River St. River St crosses main street and turns into Elm St. Take left onto Union St @ firehouse. At blinking light, proceed slight left back to Southworth @Devitt Field. Finish line at bottom of hill, left through gate at 'B' field to finish line near goal post.



Please make checks payable to:
DEEP RIVER PARKS AND REC.
c/o Deep River Parks and Recreation
174 Main Street
Deep River, CT 06417

For Fun Run Participants:
Add \$15.00 if you wish to purchase a t-shirt. Please indicate the size to the left. All sizes are adult.

Registration and Waiver Form
Return this portion of form with payment
Please print clearly

Sex: Male or Female Age on race day: _____ yrs. T-Shirt Size: S M L XL XXL

Event: _____ 1 Mile Fun Run 5K Runner _____ 5K Walker Group _____

Last Name/First Name _____ @ _____ Email address

Street _____ City _____ State _____ Zip _____

I, the undersigned, release the race organizers, host town and sponsors from any and all claims that may occur as a result of my participation in this event. I am physically fit and have sufficiently trained in order to compete in this event.

X Signature (Parent or guardian if under 18 years of age) _____ Date: _____