

Barkhamsted 5th grade class and PTO 7th Annual

BARKHAMSTED RIVER RUN

**5K Run & Non-Competitive Walk
Saturday, May 9, 2015 (no rain date)**

**Barkhamsted
5K River Run**



BARKHAMSTED ELEMENTARY SCHOOL
65 Ripley Hill Rd
Barkhamsted, CT 06063

REGISTRATION INFORMATION

Preregistration Price \$25 until April 23 / Registration Race Day \$30

Preregistered runners will receive a race t-shirt in their size while supplies last. Register early to guarantee your shirt!

- ✓ Make checks payable to Barkhamsted PTO - Please do not send cash
- ✓ Mail to BRR c/o Sherry Courtemanche, PO Box 137, Riverton, CT 06065
- ✓ For more information call Mindy Henry @ 860.309.6467 or mhenry7737@gmail.com
- ✓ Registration Opens - 8:00 am
- ✓ Race Time-9:30am
- ✓ No Animals, Roller Blades, or Bikes
- ✓ Free T-shirts to the first 100 entries (must be received by 4/23/15)

TROPHIES

1st Place Overall Male and Female + 1st Place Barkhamsted Male and Female
1st, 2nd, 3rd place finishers in each category (excluding walkers)

BARKHAMSTED RIVER RUN REGISTRATION

Male (check one box)

Female (check one box)

11 & Under (12-14) (15-18)
 (19-29) (30-39) (40-49)
 (50-59) (60-69) (70+)

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Name: _____

Address: _____

Phone: _____

Male Female

Date of Birth: _____ Age (race day): _____

T-Shirt Size (circle one): Adult XL L M S Kids: L M S

I know that running or walking is a potentially hazardous activity, I will not enter unless I am medically able and properly trained. I agree to abide by any decision of any race official to safely complete the event I assure all risks with participating in this event, including but not limited to falls, contact with other participants, effects of the weather, traffic and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and allowing these facts and in consideration of your accepting my entry, for myself and anyone entitled to act in my behalf I waive and release the PTO, Town of Barkhamsted, State of Connecticut, volunteers and all sponsors from all claims or liabilities of any kinds arising out of my participation in this event, grant permission to all the foregoing to use any photographs or recordings or any other record of this event for any legitimate purposes. I know that dogs, bicycles, inline skates are not allowed.

SIGNATURE: _____ *(parent must sign if competitor is under 18)*

Race Features

Scenic, fairly level out and back course (two hills) along the Farmington River and People's State Forest in the Northwest Hills of Litchfield County.
~Water stations~ ~t-shirts (limited to first 100 entries) ~ ~parking~ ~fruit~