

“Run Back to School”

Latimer Lane 5K and Fun Run

Healthy bodies support healthy minds! Grab your running shoes, families and friends and join us for an invigorating run in the Latimer Lane School district.

The Fun Run will run the periphery of Latimer Lane and cross through an arch balloon finish line. The total distance will be less than one mile.

The 5K will start after the Fun Run and head out Valley View to Redstone, cross through to Old Canal Way, pick up the Greenways bike path, and cut through onto Simsbury Manor and back to Latimer Lane.

Both events open to all families, friends, and runners. Both Male and Female first place 5 K winners from each grade or ages 13-14, 15-29, 20-29, 30-39, 40-49, 50-59 and 60+ will win a certificate for a cheese pizza.

Race Shirts guaranteed for all of those registering by 9/5/14 for the Fun Run or 5K.

Before Sept.5th

Fun Run 10\$ per entrant

5K 20\$ per entrant

Family Rate for 5K only: 4 or more 80\$

After Sept. 5th

Fun Run 15\$ per entrant

5K 25\$ per entrant

Family rate for 5K 90\$

All funds raised go directly back to the school and its student. This year’s proceeds will provide enhancements to the Latimer Lane Physical Education Program. Please email questions to latimerrace@gmail.com.

Check Us Out!

“Runbacktoschool.org”

*Register online at “Itsyourrace.com” search Run Back to School

*Cheer us on! Fun Raffles from New Balance, Flat Bread Pizza and more

*Sign up to volunteer! Links to registration on web page

Like “Run Back to School” on Facebook for inspiration and motivation while you train this summer

Run Back to School Registration

September 14th, Latimer Lane School

1. First Name _____ Last Name _____

2. Address _____

3. City _____ State _____ Zip _____

4. email address _____

5. Phone number _____

6. Age (on 9/14/14) _____ Sex ___ Male ___ Female _____

8. Category : 5K or fun run/Walk _____

9. Shirt size: Adult S M L XL or Youth S M L _____

10. Consent to have photograph of self or dependent child to be used in any relationship to the race or Latimer Lane PTO: yes/ no _____

11. Emergency contact _____

12. Emergency contact phone number _____

Waiver and release of liability:

I know that running or walking is a potentially hazardous activity which carries with it the potential for death or serious injury. I will not enter myself or my dependent unless I am medically able and properly trained. I agree to abide by any decision of the race official as to me or my dependents ability to participate in this event. I assume for myself and dependent all risks of the road, bike path and dirt trail including but not limited to falls, contact with other participants, effects of weather, traffic and the condition of the road, bike path or dirt trail, all such risks being known and appreciated by me. I hereby consent to seek medical treatment for myself or dependent that may be deemed advisable in the event of injury or accident during this event. I have read and understand the content in this waiver. By signing this waiver I release the Latimer Lane PTO, Latimer Lane School, Town of Simsbury, Fish Enterprises, Neighborhood Association of Canal Place, Rippel Family and owners of 40 Simsbury Manor Road, and all of the events sponsors and volunteers from death, disability, or personal injury incurred during this event.

Please sign if you agree to waiver terms: _____

13. Registration fees: Fun Run/Walk before 9/5/14: 10\$, after 9/5/14: 15\$

5K before 9/5/14: 20\$ after 9/5/14: 25\$ - Family 5K discount: 80\$ for family of 5+, 90\$ after 9/5/14

14. Total enclosed: _____

15. Please check here if you would like to volunteer _____

Mail enclosed check to: MBarrows 1 East View Drive, Simsbury CT 06070