

40th Annual

Fischang-Cicchetti Memorial Race

Sunday, November 23, 2014

REGISTER HERE: bit.ly/takingoverthestreets

5 MILE and 5K ROAD RACE IN DOWNTOWN WATERBURY

REGISTRATION: Register online at bit.ly/takingoverthestreets or via mail-in application. Pre-Registration is advised! Applications available online or at the Greater Waterbury YMCA. Race day registration begins at 7:30a.m. Free long-sleeved shirt to the first 400 that register!

FEES: \$22/pre-registration; \$27 Day of race. Checks payable to: Waterbury YMCA

RAFFLE: A drawing of great prizes will be held at the conclusion of the race. **Ticket holders must be present to win!**

RACE CONTACT INFO: bit.ly/takingoverthestreets YMCA 203.754.9622 x 117

Thank you to our generous sponsors for their support:

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Divisions (Male & Female)

13 & under.....	
Youth.....	14-17
Open.....	18-29
Submasters.....	30-39
Masters.....	40-49
Grand Masters.....	50-59
Senior.....	60-69
Senior Plus.....	70&Up

5K-AWARDS

• Medals for the top three in each division and overall (no duplicate award winners)

5 MILE-AWARDS

- First 3 male and first 3 female finishers overall (no duplicate award winners) win: 1st/\$300 2nd/\$150 3rd/\$100
- Awards to the first three males and females in each division
- The first male and female finishers from Waterbury each receive awards
- A \$40 prize will be awarded to the 40th place finisher. Must be present to win!

REGISTRATION FORM (Please print) Cut above and mail this to: Greater Waterbury YMCA, Attn: Kristin Mabrouk, 136 West Main St. Waterbury, CT 06702

First Name: _____ Last Name: _____ 5-mile race 5K(3.1 mile) race

Age: _____ Gender: Male Female Date of Birth: _____

Shirt Size: S M L XL XXL

Address: _____ Town: _____ State: _____ Zip: _____

Phone: _____ E-mail Address: _____

WAIVER: MUST BE SIGNED *We advise all students to discuss participation with their coach in order to avoid jeopardizing school athletic standings. I am sufficiently trained and physically able to participate in this race. I understand the need to replenish body fluids, particularly on warm days. In signing this entry form, I acknowledge that WESSON, the Oil Company, American Savings Foundation, YMCA, USATF, Waterbury YMCA Track Club and all other sponsors of this race and all race-related persons and parties are not responsible in any way for the death, injury, damages or losses received during, or, as a result of, participation in this event. My photo may be used in race promotional materials before or after the race. Athletes who participate in this competition may be subject to formal drug testing in accordance with USATF rules and the IAAF Rule 144. Athletes found positive for banned substances, or who refuse to be tested, will be disqualified from this event and will lose eligibility for future competitions. Some prescription and over-the-counter medications contain banned substances. Information regarding drugs and drug testing may be obtained by calling the USOC Drug Hotline at 800-233-0393.

Signature* (Parent/Guardian signature if under 18)



Thanks to our Sponsors!



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www.americansavingsfoundation.org

PROCEEDS: The net proceeds of your registration fee will be contributed to the Greater Waterbury YMCA Youth Scholarship Fund in memory of Al Fischang and Janice Cicchetti, who devoted a great deal of their time to the sport of running and the growth of this race.



bit.ly/takingoverthestreets



Fischang-Cicchetti Memorial Run
Greater Waterbury YMCA
136 West Main Street
Waterbury, CT 06702



Free t-shirt to the first 200 to register!

Greater Waterbury YMCA - on the Green, 136 West Main Street. Plenty of FREE parking in YMCA rear lots! The course is through downtown Waterbury, East Main Street, and Hamilton Park.

5 Mile and 5K Road Race - Sunday, November 23, 2014 - 9:00 am

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